

Folkestone-Coastal-10k-2019-Results-Web

Pos	Gun Time	Chip Time	Athlete	SurName	Team	Bib#	Category	CatPos	GenPos	Gender	Pace	Race
1	0:34:06	0:34:05	Tom	Millard	South Kent Harriers	637	Senior Male	1	1	M	3:24	10k
2	0:34:21	0:34:20	James	Sullivan	Springfield Striders RC	73	Senior Male	2	2	M	3:26	10k
3	0:35:40	0:35:39	Daniel	Voller	Folkestone Running Club	287	Senior Male	3	3	M	3:33	10k
4	0:35:52	0:35:52	David	Tyler	Folkestone Running Club	530	Senior Male	4	4	M	3:35	10k
5	0:36:09	0:36:09	Ian	McGilloway	Folkestone Running Club	548	Male Vet 45	1	5	M	3:36	10k
6	0:36:18	0:36:18	Nathan	Chapman	Tonbridge AC	614	Senior Male	5	6	M	3:37	10k
7	0:37:11	0:37:11	Prakash	Gurung	South Kent Harriers	340	Male Vet 40	1	7	M	3:43	10k
8	0:37:22	0:37:21	Chris	Edwards	Dover Roadrunners AC	594	Senior Male	6	8	M	3:44	10k
9	0:37:36	0:37:33	Omar	Saeed		441	Senior Male	7	9	M	3:45	10k
10	0:38:23	0:38:22	Martin	King	Rebel Runners	674	Male Vet 40	2	10	M	3:50	10k
11	0:38:41	0:38:39	Ryan	Smith		601	Senior Male	8	11	M	3:51	10k
12	0:39:00	0:38:59	Jon	Eaton	South Kent Harriers	333	Senior Male	9	12	M	3:53	10k
13	0:39:01	0:38:57	Jonathan	Hobbs	Ashford AC	323	Senior Male	10	13	M	3:53	10k
14	0:39:07	0:39:07	James	Slater Whitham	Folkestone Running Club	655	Senior Male	11	14	M	3:54	10k
15	0:39:12	0:39:10	Julius	Samson	Ashford & District RRC	570	Male Vet 45	2	15	M	3:55	10k
16	0:39:46	0:39:44	Elliot	Chapman-Jones		668	Senior Male	12	16	M	3:58	10k
17	0:40:06	0:39:57	Chris	Peel		388	Male Vet 45	3	17	M	3:59	10k
18	0:40:14	0:40:08	John	Hunt	Thanet Roadrunners AC	609	Senior Male	13	18	M	4:00	10k
19	0:40:18	0:40:16	Dominic	Woolford	South Kent Harriers	231	Senior Male	14	19	M	4:01	10k
20	0:40:19	0:40:17	Becky	Morrish		292	Senior Female	1	1	F	4:01	10k
21	0:40:39	0:40:39	David	Child	Kent AC	600	Male Vet 55	1	20	M	4:03	10k
22	0:40:49	0:40:46	Jonny	wells	Ashford & District RRC	418	Male Vet 40	3	21	M	4:04	10k
23	0:40:54	0:40:50	Stuart	Erskine	Folkestone Running Club	121	Senior Male	15	22	M	4:05	10k
24	0:41:06	0:41:06	Neil	Bristow		560	Male Vet 40	4	23	M	4:06	10k
25	0:41:19	0:41:16	Paul	Bartlett	Folkestone RC	603	Male Vet 45	4	24	M	4:07	10k
26	0:41:33	0:41:32	Briony	Walsh	Ashford AC	392	Senior Female	2	2	F	4:09	10k
27	0:41:35	0:41:32	Darren	Crew	Folkestone Running Club	523	Male Vet 45	5	25	M	4:09	10k
28	0:41:40	0:41:33	Chris	Nicholls	Tring RC	573	Male Vet 50	1	26	M	4:09	10k
29	0:41:49	0:41:48	James	Booth	Ashford & District RRC	450	Male Vet 40	5	27	M	4:10	10k
30	0:42:11	0:42:04	Jonathan	Rutland		514	Senior Male	16	28	M	4:12	10k
31	0:42:20	0:42:11	Biken	Rana Magar	Defence Sports and Recreation	406	Senior Male	17	29	M	4:13	10k
32	0:42:42	0:42:39	Liam	Cumber	Folkestone Running Club	272	Senior Male	18	30	M	4:15	10k
33	0:42:46	0:42:36	Nigel	Cook	Thanet Roadrunners AC	143	Male Vet 50	2	31	M	4:15	10k
34	0:42:47	0:42:04	Aron	Thompsett		644	Senior Male	19	32	M	4:12	10k
35	0:42:51	0:42:33	Darren	Graham		639	Male Vet 50	3	33	M	4:15	10k
36	0:42:53	0:42:46	Jonathan	Arana-Morton	South Kent Harriers	377	Male Vet 45	6	34	M	4:16	10k
37	0:42:57	0:42:49	Kevin	Meehan		525	Male Vet 55	2	35	M	4:16	10k
38	0:43:01	0:42:55	Paul	Lucas	Canterbury Harriers	351	Male Vet 45	7	36	M	4:17	10k
39	0:43:03	0:42:47	Nathan	Vince		507	Senior Male	20	37	M	4:16	10k
40	0:43:08	0:42:42	Alejandro	del Campo	Maidenhead AC	547	Male Vet 40	6	38	M	4:16	10k
41	0:43:09	0:43:02	christian	martin		493	Male Vet 40	7	39	M	4:18	10k
42	0:43:14	0:42:44	Andrew	Varty		409	Male Vet 40	8	40	M	4:16	10k
43	0:43:15	0:42:27	Phil	Harper	Springfield Striders RC	556	Senior Male	21	41	M	4:14	10k
44	0:43:22	0:43:07	Jordan	Meadows		682	Senior Male	22	42	M	4:18	10k
45	0:43:26	0:43:24	Kevin	Whitby		191	Male Vet 50	4	43	M	4:20	10k
46	0:43:30	0:42:58	David	Fitzgerald	Lonely Goat RC	299	Senior Male	23	44	M	4:17	10k
47	0:43:31	0:43:26	James	Pope		376	Male Vet 40	9	45	M	4:20	10k
48	0:43:36	0:43:18	Richard	Gozzett		373	Male Vet 55	3	46	M	4:19	10k
49	0:43:46	0:43:20	Jake	Tolhurst		671	Senior Male	24	47	M	4:20	10k
50	0:43:50	0:43:47	Rob	Hill	Folkestone Running Club	539	Senior Male	25	48	M	4:22	10k
51	0:43:52	0:43:38	Stephen	Brooks	Medway runners	267	Male Vet 50	5	49	M	4:21	10k
52	0:43:58	0:43:56	Becky	Macey	Ashford & District RRC	314	Female Vet 35	1	3	F	4:23	10k
53	0:44:00	0:43:52	Andrew	Gardiner		63	Male Vet 50	6	50	M	4:23	10k

54	0:44:03	0:43:40	Joe	Neilson		453	Senior Male	26	51	M	4:22	10k
55	0:44:06	0:44:03	Trevor	Brenchley		198	Male Vet 50	7	52	M	4:24	10k
56	0:44:08	0:43:38	Luke	Johnson		622	Senior Male	27	53	M	4:21	10k
57	0:44:09	0:43:44	Stuart	Shaw		572	Male Vet 45	8	54	M	4:22	10k
58	0:44:11	0:43:46	Martin	Muckett		401	Senior Male	28	55	M	4:22	10k
59	0:44:16	0:43:54	Mark	Sandom		440	Male Vet 50	8	56	M	4:23	10k
60	0:44:20	0:44:14	Jon	Wigley		163	Male Vet 65	1	57	M	4:25	10k
61	0:44:32	0:44:25	Doyle	Perry		635	Male Vet 45	9	58	M	4:26	10k
62	0:44:35	0:44:31	Des	Lewis		384	Male Vet 55	4	59	M	4:27	10k
63	0:44:38	0:44:25	Andy	Stewart		341	Male Vet 50	9	60	M	4:26	10k
64	0:44:42	0:44:34	Richard	Fowles	Folkestone Running Club	638	Male Vet 50	10	61	M	4:27	10k
65	0:44:45	0:44:18	Simon	Dawson		421	Male Vet 40	10	62	M	4:25	10k
66	0:44:52	0:44:17	Rob	Derrick	Lewes Ac	230	Senior Male	29	63	M	4:25	10k
67	0:44:53	0:44:43	Carey	Dyer	Newcastle (Staffs) Ac	162	Female Vet 40	1	4	F	4:28	10k
68	0:44:56	0:44:47	Gregory	Dixon	Hawkinge Hurricanes Running C	533	Male Vet 50	11	64	M	4:28	10k
69	0:44:59	0:44:38	David	Bacmeister	Dover Roadrunners AC	595	Male Vet 50	12	65	M	4:27	10k
70	0:45:04	0:44:49	Rhys	Iverson		683	Senior Male	30	66	M	4:28	10k
71	0:45:06	0:45:00	Levi	Atwell		160	Senior Male	31	67	M	4:30	10k
72	0:45:06	0:44:28	David	Moffat		62	Senior Male	32	68	M	4:26	10k
73	0:45:07	0:44:54	John	Beale	Ashford & District RRC	494	Male Vet 40	11	69	M	4:29	10k
74	0:45:12	0:45:08	Ellie	Hayes	Folkestone Running Club	455	Senior Female	3	5	F	4:30	10k
75	0:45:19	0:45:10	Thomas	Clayton	Folkestone Running Club	649	Junior Male	1	70	M	4:31	10k
76	0:45:23	0:45:02	Lee	Sentenacq	South Kent Harriers	536	Male Vet 50	13	71	M	4:30	10k
77	0:45:38	0:44:22	Steve	Williams	Ashford	485	Male Vet 50	14	72	M	4:26	10k
78	0:45:43	0:45:39	Steven	Twiddle		302	Senior Male	33	73	M	4:33	10k
79	0:45:48	0:45:33	Alexander	Mccarthy		500	Senior Male	34	74	M	4:33	10k
80	0:45:49	0:45:45	Elodie	Paviot	Ashford & District RRC	437	Female Vet 35	2	6	F	4:34	10k
81	0:46:01	0:45:55	Adrian	Moody	Ashford & District RRC	250	Male Vet 55	5	75	M	4:35	10k
82	0:46:03	0:45:51	Adrian	Beresford	Ashford & District RRC	305	Male Vet 50	15	76	M	4:35	10k
83	0:46:08	0:45:35	Steven	Michael	South Kent Harriers	589	Male Vet 50	16	77	M	4:33	10k
84	0:46:17	0:45:59	Graham	Atkinsom		632	Male Vet 45	10	78	M	4:35	10k
85	0:46:18	0:46:18	Nick	Lowy		419	Male Vet 55	6	79	M	4:37	10k
86	0:46:25	0:46:17	Ian	Grundy	Ashford & District RRC	471	Male Vet 60	1	80	M	4:37	10k
87	0:46:29	0:46:23	Maria	Hutchinson		294	Female Vet 45	1	7	F	4:38	10k
88	0:46:32	0:46:26	Michael	Philpot		596	Male Vet 55	7	81	M	4:38	10k
89	0:46:37	0:46:25	Danyel	Giles	Ashford Tri Club	364	Female Vet 35	3	8	F	4:38	10k
90	0:46:40	0:46:28	Darren	Fagg	Ashford & District RRC	429	Male Vet 40	12	82	M	4:38	10k
91	0:46:45	0:46:18	Nathan	Hollingsworth		360	Senior Male	35	83	M	4:37	10k
92	0:46:48	0:46:30	Kevin	Southen	South Kent Harriers	175	Male Vet 45	11	84	M	4:39	10k
93	0:46:51	0:46:22	Alan	Newell	Abergele Harriers	87	Male Vet 50	17	85	M	4:38	10k
94	0:46:54	0:46:26	Kirsty	Wilson	Folkestone Running Club	255	Senior Female	4	9	F	4:38	10k
95	0:46:55	0:46:27	Asmerom	Barakhi		234	Senior Male	36	86	M	4:38	10k
96	0:46:55	0:46:39	Gary	Frake	South Kent Harriers	44	Male Vet 55	8	87	M	4:39	10k
97	0:46:56	0:46:43	James	Phillips	Ashford & District RRC	350	Male Vet 45	12	88	M	4:40	10k
98	0:46:56	0:46:51	Tracey	Calnan	Ashford & District RRC	320	Female Vet 45	2	10	F	4:41	10k
99	0:47:03	0:46:34	Adam	Hamilton		532	Senior Male	37	89	M	4:39	10k
100	0:47:04	0:46:45	Ray	Butler		472	Male Vet 70	1	90	M	4:40	10k
101	0:47:08	0:47:00	Mick	Claydon		237	Male Vet 50	18	91	M	4:42	10k
102	0:47:16	0:46:43	Luke	Blanshard		284	Senior Male	38	92	M	4:40	10k
103	0:47:22	0:47:17	Garry	Atwell		304	Male Vet 40	13	93	M	4:43	10k
104	0:47:31	0:47:02	Ben	Lloyd		387	Senior Male	39	94	M	4:42	10k
105	0:47:38	0:47:29	Shaun	Washington		279	Male Vet 45	13	95	M	4:44	10k
106	0:47:49	0:47:27	Tom	Downs		183	Senior Male	40	96	M	4:44	10k
107	0:47:50	0:47:18	Jenny	Rumsey		430	Female Vet 35	4	11	F	4:43	10k
108	0:47:53	0:47:46	John	Spayne		260	Male Vet 55	9	97	M	4:46	10k
109	0:47:54	0:47:22	Laura	Goode	Springfield Striders RC	74	Senior Female	5	12	F	4:44	10k

110	0:48:00	0:47:55	Stuart	Nunn	Ashford & District RRC	190	Male Vet 40	14	98	M	4:47	10k
111	0:48:01	0:47:23	Jack	Finch		465	Senior Male	41	99	M	4:44	10k
112	0:48:02	0:47:45	Chris	Strange		361	Male Vet 45	14	100	M	4:46	10k
113	0:48:03	0:47:40	Daniel	Mackell		498	Senior Male	42	101	M	4:46	10k
114	0:48:03	0:47:50	Philip	Bridges	Ashford & District RRC	352	Male Vet 45	15	102	M	4:47	10k
115	0:48:15	0:48:10	Prithviman	Thapa		479	Male Vet 45	16	103	M	4:49	10k
116	0:48:22	0:48:12	Andrew	Smith	Folkestone Running Club	342	Male Vet 45	17	104	M	4:49	10k
117	0:48:23	0:48:17	Nicola	Moffat	Ashford & District Rrc	611	Senior Female	6	13	F	4:49	10k
118	0:48:31	0:48:22	Royston	Robertson		28	Male Vet 50	19	105	M	4:50	10k
119	0:48:38	0:48:30	Anna	Coombs		658	Junior Female	1	14	F	4:51	10k
120	0:48:39	0:48:28	Tim	Gretton		473	Senior Male	43	106	M	4:50	10k
121	0:48:44	0:48:28	Lee	Brewer	South Kent Harriers	159	Male Vet 40	15	107	M	4:50	10k
122	0:48:48	0:48:23	Chris	Maynard		336	Male Vet 50	20	108	M	4:50	10k
123	0:48:50	0:48:45	Neil	Woodham	Ashford & District RRC	363	Senior Male	44	109	M	4:52	10k
124	0:48:51	0:48:40	Adolse	Hoskin	Folkestone Running Club	624	Senior Male	45	110	M	4:52	10k
125	0:48:51	0:48:23	Daniel	Humphreys		268	Senior Male	46	111	M	4:50	10k
126	0:48:54	0:47:39	Jonathan	Carroll		248	Senior Male	47	112	M	4:45	10k
127	0:48:59	0:48:40	Ben	Graham		540	Senior Male	48	113	M	4:52	10k
128	0:49:01	0:48:26	Mark	Baldock		537	Male Vet 55	10	114	M	4:50	10k
129	0:49:06	0:48:45	Leigh	Woods	South Kent Harriers	436	Male Vet 55	11	115	M	4:52	10k
130	0:49:08	0:48:13	James	Roberts	South Kent Harriers	643	Male Vet 45	18	116	M	4:49	10k
131	0:49:09	0:48:35	Edward	Hough		678	Senior Male	49	117	M	4:51	10k
132	0:49:11	0:49:08	Anh-Van	Whitby		368	Female Vet 45	3	15	F	4:54	10k
133	0:49:11	0:49:08	Elric	Howe	South Kent Harriers	252	Senior Male	50	118	M	4:54	10k
134	0:49:11	0:48:09	Gareth	Fordham		142	Senior Male	51	119	M	4:48	10k
135	0:49:17	0:48:14	Paul	Langan		130	Male Vet 40	16	120	M	4:49	10k
136	0:49:25	0:49:11	Nathan	Goodwin		490	Male Vet 40	17	121	M	4:55	10k
137	0:49:28	0:49:04	Joel	Green		199	Male Vet 45	19	122	M	4:54	10k
138	0:49:32	0:49:27	Dipak	Kaucha	Folkestone park run	370	Male Vet 50	21	123	M	4:56	10k
139	0:49:33	0:49:26	Don	Dewar	Ashford & District RRC	656	Male Vet 55	12	124	M	4:56	10k
140	0:49:34	0:49:07	Scott	Graham		634	Male Vet 50	22	125	M	4:54	10k
141	0:49:39	0:49:23	Alex	Rogerson		636	Male Vet 40	18	126	M	4:56	10k
142	0:49:41	0:49:22	Natalie	Stanford	Faversham Running Club	195	Female Vet 45	4	16	F	4:56	10k
143	0:49:45	0:49:40	Sandi	Mortimer	Ashford & District RRC	259	Female Vet 50	1	17	F	4:58	10k
144	0:49:47	0:49:31	Stephen	Pickford		558	Senior Male	52	127	M	4:57	10k
145	0:50:01	0:49:36	Ashley	fryer		210	Senior Male	53	128	M	4:57	10k
146	0:50:06	0:49:49	Les	Milton		606	Male Vet 45	20	129	M	4:58	10k
147	0:50:06	0:49:54	Dave	Smith		180	Male Vet 70	2	130	M	4:59	10k
148	0:50:07	0:49:24	Christian	Gilbert		205	Senior Male	54	131	M	4:56	10k
149	0:50:11	0:49:34	David	Harrison		84	Male Vet 55	13	132	M	4:57	10k
150	0:50:14	0:49:52	Edward	Oliver		466	Male Vet 65	2	133	M	4:59	10k
151	0:50:15	0:49:34	Graham	Razey		446	Male Vet 45	21	134	M	4:57	10k
152	0:50:16	0:49:24	Mike	Duckett		610	Senior Male	55	135	M	4:56	10k
153	0:50:21	0:50:02	Alex	Kalorkoti		444	Senior Male	56	136	M	5:00	10k
154	0:50:24	0:49:51	simon	johnson	Coastal Striders	227	Male Vet 60	2	137	M	4:59	10k
155	0:50:25	0:49:34	Barry	Hogben		630	Male Vet 55	14	138	M	4:57	10k
156	0:50:29	0:50:19	Anthony	Scott	Folkestone Running Club	303	Male Vet 45	22	139	M	5:01	10k
157	0:50:30	0:49:53	Josh	Whiten		518	Male Vet 45	23	140	M	4:59	10k
158	0:50:30	0:50:04	Neil	Warnick		271	Male Vet 55	15	141	M	5:00	10k
159	0:50:32	0:50:26	William	Whittington	Ashford & District RRC	492	Male Vet 50	23	142	M	5:02	10k
160	0:50:32	0:49:52	Sharon	Hollingsworth		447	Female Vet 55	1	18	F	4:59	10k
161	0:50:33	0:50:13	Stephanie	Ambler		151	Female Vet 40	2	19	F	5:01	10k
162	0:50:34	0:50:10	Mark	Stephenson		673	Senior Male	57	143	M	5:01	10k
163	0:50:36	0:50:30	Aurelie	Morris	Ashford & District RRC	318	Female Vet 50	2	20	F	5:03	10k
164	0:50:42	0:50:19	Gail	Turbutt	Folkestone	81	Female Vet 45	5	21	F	5:01	10k
165	0:50:50	0:50:39	Abby	Hadley		359	Senior Female	7	22	F	5:03	10k

166	0:50:51	0:49:33	Kate	Batty		257	Senior Female	8	23	F	4:57	10k
167	0:51:04	0:50:32	Justin	Burden	Ashford Striders RC	463	Male Vet 45	24	144	M	5:03	10k
168	0:51:11	0:51:08	Ben	Swain		675	Male Vet 40	19	145	M	5:06	10k
169	0:51:12	0:51:09	Dave	Walbrook		211	Male Vet 55	16	146	M	5:06	10k
170	0:51:15	0:50:57	Faye	Thornton	Lonely Goat RC	212	Female Vet 45	6	24	F	5:05	10k
171	0:51:16	0:50:40	Greg	Hill		657	Senior Male	58	147	M	5:04	10k
172	0:51:17	0:50:59	Christophe	Solly		100	Senior Male	59	148	M	5:05	10k
173	0:51:18	0:50:33	Alex	Kirkwood		281	Senior Male	60	149	M	5:03	10k
174	0:51:18	0:51:03	Emma	Risby		499	Senior Female	9	25	F	5:06	10k
175	0:51:21	0:51:11	Mike	Keigher		131	Male Vet 40	20	150	M	5:07	10k
176	0:51:22	0:51:08	Mark	Cleworth	Ashford & District RRC	526	Male Vet 45	25	151	M	5:06	10k
177	0:51:24	0:51:07	Shaun	Snowwolf-Harris	Ashford Striders RC	504	Male Vet 50	24	152	M	5:06	10k
178	0:51:24	0:51:00	Martin	Barnes		181	Male Vet 55	17	153	M	5:06	10k
179	0:51:33	0:51:19	Toby	Smith	Deal Tri Club	383	Senior Male	61	154	M	5:07	10k
180	0:51:37	0:50:34	Ashim	Ruchal Rana		613	Senior Male	62	155	M	5:03	10k
181	0:51:41	0:51:05	Raymond	Allen		425	Senior Male	63	156	M	5:06	10k
182	0:51:41	0:51:06	Gill	Stewart		338	Female Vet 45	7	26	F	5:06	10k
183	0:51:44	0:51:20	Sean	Turner		640	Senior Male	64	157	M	5:08	10k
184	0:51:56	0:51:40	Collette	Windsor	South Kent Harriers	43	Female Vet 40	3	27	F	5:10	10k
185	0:51:57	0:51:31	Nick	Watson		296	Male Vet 45	26	158	M	5:09	10k
186	0:51:58	0:51:24	Victoria	Green	Folkestone Running Club	263	Female Vet 40	4	28	F	5:08	10k
187	0:52:02	0:51:58	John	Marsh		394	Male Vet 55	18	159	M	5:11	10k
188	0:52:09	0:51:03	Alan	Percival		369	Male Vet 50	25	160	M	5:06	10k
189	0:52:11	0:51:41	James	Whittle		543	Male Vet 40	21	161	M	5:10	10k
190	0:52:13	0:51:43	Garry	Pritchard		684	Male Vet 40	22	162	M	5:10	10k
191	0:52:14	0:51:46	John	O'Hara	Folkestone Running Club	334	Male Vet 55	19	163	M	5:10	10k
192	0:52:17	0:51:43	Mark	Relf		616	Senior Male	65	164	M	5:10	10k
193	0:52:21	0:52:11	Andrew	Richardson	Folkestone Running Club	306	Male Vet 45	27	165	M	5:13	10k
194	0:52:23	0:52:07	Margaret	Connolly		631	Female Vet 60	1	29	F	5:12	10k
195	0:52:27	0:52:03	Lewis	Mcleavey		2	Male Vet 45	28	166	M	5:12	10k
196	0:52:32	0:51:21	Chris	Holmes		666	Male Vet 40	23	167	M	5:08	10k
197	0:52:35	0:52:06	Jody	Stoakes	Folkestone Running Club	524	Female Vet 40	5	30	F	5:12	10k
198	0:52:37	0:51:46	Ben	Irving		261	Male Vet 40	24	168	M	5:10	10k
199	0:52:40	0:52:09	Ben	Fletcher		475	Senior Male	66	169	M	5:12	10k
200	0:52:43	0:51:43	Martin	Weaver		264	Male Vet 55	20	170	M	5:10	10k
201	0:52:45	0:51:47	George	Gray		468	Junior Male	2	171	M	5:10	10k
202	0:52:48	0:51:43	Skerdian	Dundo		576	Senior Male	67	172	M	5:10	10k
203	0:52:52	0:51:59	Julian	Manser	Dover Roadrunners AC	417	Male Vet 45	29	173	M	5:11	10k
204	0:52:55	0:52:32	Jonathan	Severs		339	Male Vet 50	26	174	M	5:15	10k
205	0:53:01	0:52:40	Vicky	Scott	Folkestone Running Club	225	Female Vet 35	5	31	F	5:16	10k
206	0:53:06	0:52:09	Andrew	Strover		592	Male Vet 45	30	175	M	5:12	10k
207	0:53:10	0:51:49	Peter	Reynolds		565	Senior Male	68	176	M	5:10	10k
208	0:53:13	0:53:00	Gerry	Adams		79	Male Vet 40	25	177	M	5:18	10k
209	0:53:21	0:52:50	Andy	Inett		515	Male Vet 45	31	178	M	5:17	10k
210	0:53:22	0:53:12	Ailis	Goddard	Ashford & District RRC	189	Female Vet 35	6	32	F	5:19	10k
211	0:53:24	0:52:41	Alexander	Harrison		396	Senior Male	69	179	M	5:16	10k
212	0:53:25	0:53:12	Martyn	Rouse	Veterans AC	152	Male Vet 70	3	180	M	5:19	10k
213	0:53:30	0:52:56	Alman	Etra		633	Male Vet 60	3	181	M	5:17	10k
214	0:53:32	0:52:14	Cathy	Hills		413	Female Vet 55	2	33	F	5:13	10k
215	0:53:34	0:53:21	Louise	Morgan		460	Female Vet 45	8	34	F	5:20	10k
216	0:53:35	0:53:12	Leigh	Baker		604	Senior Male	70	182	M	5:19	10k
217	0:53:35	0:53:12	Sharon	Downs		182	Female Vet 60	2	35	F	5:19	10k
218	0:53:37	0:53:05	Natalee	Potter		559	Female Vet 35	7	36	F	5:18	10k
219	0:53:41	0:53:23	Hayley	Tucker	Run Rural	653	Female Vet 40	6	37	F	5:20	10k
220	0:53:46	0:53:42	Adrienne	Begent	Swale Tri Club	608	Female Vet 50	3	38	F	5:22	10k
221	0:53:50	0:53:40	Carmel	Keigher		133	Senior Female	10	39	F	5:22	10k

222	0:53:51	0:52:27	Martin	Beckett		150	Male Vet 55	21	183	M	5:14	10k
223	0:53:52	0:52:38	Ed	Deal		226	Male Vet 40	26	184	M	5:15	10k
224	0:53:54	0:53:38	Julie	Ventress		102	Senior Female	11	40	F	5:21	10k
225	0:53:55	0:53:13	Manuel	Adelino Carvalho		346	Male Vet 60	4	185	M	5:19	10k
226	0:53:57	0:52:33	Ady	Young		192	Male Vet 40	27	186	M	5:15	10k
227	0:54:00	0:53:37	Stephen	King	South Kent Harriers	541	Senior Male	71	187	M	5:21	10k
228	0:54:00	0:53:14	Harley	Caswell		317	Senior Female	12	41	F	5:19	10k
229	0:54:07	0:53:44	Kieron-Jor	Delves		4	Male Vet 45	32	188	M	5:22	10k
230	0:54:12	0:53:45	Andrew	Johnson		651	Senior Male	72	189	M	5:22	10k
231	0:54:16	0:53:48	Beth	Nichols		621	Senior Female	13	42	F	5:22	10k
232	0:54:18	0:53:38	Stephen	Hull		348	Male Vet 55	22	190	M	5:21	10k
233	0:54:18	0:53:27	Kev	Gardner	Deal Tri Club	480	Male Vet 50	27	191	M	5:20	10k
234	0:54:22	0:54:06	Paul	Hannay		46	Senior Male	73	192	M	5:24	10k
235	0:54:30	0:53:46	Jono	Locker		467	Senior Male	74	193	M	5:22	10k
236	0:54:40	0:53:15	James	Hines		253	Senior Male	75	194	M	5:19	10k
237	0:54:56	0:54:45	Will	Knight		404	Senior Male	76	195	M	5:28	10k
238	0:54:57	0:54:42	Susan	Sharp		72	Female Vet 50	4	43	F	5:28	10k
239	0:54:58	0:53:44	John	Powell		554	Male Vet 45	33	196	M	5:22	10k
240	0:54:59	0:53:44	Jake	Cumber		358	Senior Male	77	197	M	5:22	10k
241	0:55:00	0:54:48	Mark	Avery		78	Male Vet 50	28	198	M	5:28	10k
242	0:55:01	0:53:39	Carl	Wheeler		583	Senior Male	78	199	M	5:21	10k
243	0:55:03	0:54:01	Emma	Claydon		238	Female Vet 40	7	44	F	5:24	10k
244	0:55:07	0:54:40	Kendall	Wright	Canterbury Harriers	297	Senior Female	14	45	F	5:28	10k
245	0:55:08	0:54:54	Sarah	McCalden		569	Female Vet 40	8	46	F	5:29	10k
246	0:55:09	0:54:14	Carly	Searle		219	Female Vet 35	8	47	F	5:25	10k
247	0:55:09	0:54:33	Simon	Best		154	Male Vet 50	29	200	M	5:27	10k
248	0:55:09	0:54:44	Steve	Marsh	Petts Wood Runners	327	Male Vet 55	23	201	M	5:28	10k
249	0:55:13	0:54:19	Jennifer	Munroe		85	Senior Female	15	48	F	5:25	10k
250	0:55:13	0:55:01	Nikki	Higgins		563	Female Vet 50	5	49	F	5:30	10k
251	0:55:16	0:54:29	David	Slade		241	Senior Male	79	202	M	5:26	10k
252	0:55:19	0:54:25	Tom	Lister		462	Senior Male	80	203	M	5:26	10k
253	0:55:21	0:54:30	Jane	Wren	Ware Joggers	325	Female Vet 50	6	50	F	5:27	10k
254	0:55:25	0:55:08	Keith	Punnett		276	Male Vet 50	30	204	M	5:30	10k
255	0:55:25	0:54:59	Diane	Parsons	Folkestone Running Club	98	Female Vet 40	9	51	F	5:29	10k
256	0:55:28	0:55:21	Roy	Scholer		587	Male Vet 50	31	205	M	5:32	10k
257	0:55:32	0:55:12	John	Palmer		405	Male Vet 45	34	206	M	5:31	10k
258	0:55:40	0:55:14	Emma	Hanna		201	Female Vet 40	10	52	F	5:31	10k
259	0:55:49	0:55:31	Keith	Lynn	Ashford & District RRC	516	Male Vet 50	32	207	M	5:33	10k
260	0:55:51	0:55:05	Rebecca	Grew	Dover Roadrunners	617	Senior Female	16	53	F	5:30	10k
261	0:55:52	0:54:51	Claire	Murphy		380	Female Vet 45	9	54	F	5:29	10k
262	0:55:55	0:54:43	Paul	Fenn		354	Male Vet 40	28	208	M	5:28	10k
263	0:56:03	0:55:54	Carolyn	Lewis	Folkestone Running Club	503	Female Vet 50	7	55	F	5:35	10k
264	0:56:08	0:55:14	Matt	Webb		275	Male Vet 45	35	209	M	5:31	10k
265	0:56:11	0:55:25	Karla	Larnder		246	Female Vet 45	10	56	F	5:32	10k
266	0:56:13	0:55:53	Tyree	Spicer	Ashford Striders RC	439	Female Vet 40	11	57	F	5:35	10k
267	0:56:15	0:55:31	Laura	Gilbert		206	Senior Female	17	58	F	5:33	10k
268	0:56:16	0:55:55	Craig	Lees		3	Male Vet 45	36	210	M	5:35	10k
269	0:56:22	0:55:32	Richard	Storr	Istead and Ifield Harriers	459	Male Vet 60	5	211	M	5:33	10k
270	0:56:26	0:55:05	Joshua	Doorne		679	Senior Male	81	212	M	5:30	10k
271	0:56:27	0:55:31	Clive	York		75	Male Vet 45	37	213	M	5:33	10k
272	0:56:31	0:55:40	Laura	Pantrey		353	Female Vet 40	12	59	F	5:34	10k
273	0:56:34	0:55:50	Ross	Williams	Vegan Runners UK	399	Senior Male	82	214	M	5:35	10k
274	0:56:36	0:56:17	Amanda	Strong		207	Female Vet 50	8	60	F	5:37	10k
275	0:56:37	0:55:14	Richard	Dyer	Folkestone Running Club	269	Male Vet 70	4	215	M	5:31	10k
276	0:56:40	0:55:54	Samantha	Taylor	Dover Roadrunners AC	273	Senior Female	18	61	F	5:35	10k
277	0:56:40	0:55:48	Darren	Mills	Dover Roadrunners AC	597	Male Vet 45	38	216	M	5:34	10k

278	0:56:41	0:55:58	Maria	Doe	Dover Roadrunners AC	390	Female Vet 55	3	62	F	5:35	10k
279	0:56:42	0:55:40	Kelly	McAllister		223	Female Vet 45	11	63	F	5:34	10k
280	0:56:45	0:55:40	Mark	Mason		549	Male Vet 40	29	217	M	5:34	10k
281	0:56:47	0:56:26	Lance	Dickinson		652	Male Vet 60	6	218	M	5:38	10k
282	0:56:51	0:55:44	Simon	Ellwood		442	Male Vet 50	33	219	M	5:34	10k
283	0:56:54	0:56:34	Trudi	Curd	Folkestone Running Club	357	Female Vet 55	4	64	F	5:39	10k
284	0:56:56	0:55:50	John	Cheeseman		618	Senior Male	83	220	M	5:35	10k
285	0:57:01	0:57:01	Dan	Balsom		335	Male Vet 40	30	221	M	5:42	10k
286	0:57:02	0:55:39	Cam	Fitzwilliam-Grey		416	Male Vet 45	39	222	M	5:33	10k
287	0:57:08	0:56:09	Jason	Crockford		169	Male Vet 50	34	223	M	5:36	10k
288	0:57:09	0:56:25	Charlotte	Williams	Vegan Runners UK	398	Female Vet 35	9	65	F	5:38	10k
289	0:57:10	0:56:43	Jane	Michotte		574	Female Vet 40	13	66	F	5:40	10k
290	0:57:11	0:56:18	Georgina	Smith		316	Senior Female	19	67	F	5:37	10k
291	0:57:11	0:56:19	Melanie	Scott		319	Senior Female	20	68	F	5:37	10k
292	0:57:22	0:56:17	Anita	Boakes		612	Female Vet 45	12	69	F	5:37	10k
293	0:57:30	0:57:01	Danny	Baker		256	Senior Male	84	224	M	5:42	10k
294	0:57:30	0:57:03	Rosie	Lee	Green Kordafen	681	Senior Female	21	70	F	5:42	10k
295	0:57:30	0:57:25	Karen	Marlow	Lonely Goat RC	510	Female Vet 40	14	71	F	5:44	10k
296	0:57:39	0:56:33	Peter	Hillcoat		461	Male Vet 40	31	225	M	5:39	10k
297	0:57:41	0:56:42	Jolindi	Jefferson		443	Female Vet 35	10	72	F	5:40	10k
298	0:57:42	0:57:39	David	Denton	Deal Tri Club	374	Male Vet 55	24	226	M	5:45	10k
299	0:57:42	0:57:42	Jason	Herridge		495	Senior Male	85	227	M	5:46	10k
300	0:57:45	0:57:15	Stirling	Moorey		662	Male Vet 60	7	228	M	5:43	10k
301	0:57:51	0:57:51	Christophe	Neale		371	Senior Male	86	229	M	5:47	10k
302	0:57:51	0:56:53	Luke	Withers		529	Senior Male	87	230	M	5:41	10k
303	0:57:53	0:57:23	Tracy	Paget		328	Senior Female	22	73	F	5:44	10k
304	0:57:54	0:57:07	Robert	Bristow		491	Male Vet 40	32	231	M	5:42	10k
305	0:57:55	0:57:33	Jane	Hadler	Canterbury Harriers	262	Female Vet 50	9	74	F	5:45	10k
306	0:57:58	0:57:20	Charlotte	Myers		168	Senior Female	23	75	F	5:44	10k
307	0:57:58	0:56:37	Becky	Lauder		321	Senior Female	24	76	F	5:39	10k
308	0:57:59	0:57:20	Sally	Gallagher		166	Female Vet 40	15	77	F	5:44	10k
309	0:58:02	0:57:17	Rachel	Turney		139	Senior Female	25	78	F	5:43	10k
310	0:58:02	0:57:19	Lauren	Neve		138	Senior Female	26	79	F	5:43	10k
311	0:58:06	0:58:01	Jane	Wheeler		322	Female Vet 50	10	80	F	5:48	10k
312	0:58:06	0:57:57	Andrea	Taylor		512	Female Vet 50	11	81	F	5:47	10k
313	0:58:09	0:57:22	Megan	Spruce		538	Senior Female	27	82	F	5:44	10k
314	0:58:11	0:57:55	Chris	Collins		97	Male Vet 45	40	232	M	5:47	10k
315	0:58:12	0:57:40	Sally	Cook		330	Female Vet 45	13	83	F	5:46	10k
316	0:58:13	0:57:42	Annette	French		331	Female Vet 50	12	84	F	5:46	10k
317	0:58:18	0:58:01	Polly	Davis		567	Female Vet 40	16	85	F	5:48	10k
318	0:58:20	0:57:56	Charlotte	Nicklin		344	Senior Female	28	86	F	5:47	10k
319	0:58:27	0:57:32	Nicola	Joyce		19	Female Vet 40	17	87	F	5:45	10k
320	0:58:28	0:57:27	David	Morgan		431	Senior Male	88	233	M	5:44	10k
321	0:58:30	0:57:46	Joseph	Showler		141	Senior Male	89	234	M	5:46	10k
322	0:58:33	0:57:22	Ed	Miller		251	Female Vet 45	14	88	F	5:44	10k
323	0:58:34	0:57:12	Jessica	Morris		157	Senior Female	29	89	F	5:43	10k
324	0:58:37	0:57:35	Abigail	Joyce Hilado		216	Senior Female	30	90	F	5:45	10k
325	0:58:37	0:57:34	Thomas	Weaver		214	Senior Male	90	235	M	5:45	10k
326	0:58:41	0:58:00	Katarzyna	Mayger		382	Female Vet 35	11	91	F	5:48	10k
327	0:58:49	0:58:33	Edward	Kelly		193	Male Vet 50	35	236	M	5:51	10k
328	0:58:51	0:58:25	Maria	Felicetti	Folkestone Running Club	641	Female Vet 45	15	92	F	5:50	10k
329	0:58:55	0:58:45	Alasdair	Swan		347	Male Vet 55	25	237	M	5:52	10k
330	0:58:56	0:57:41	Lucinda	Howard		407	Female Vet 35	12	93	F	5:46	10k
331	0:58:59	0:58:20	Andrew	Fogg	South Kent Harriers	598	Male Vet 55	26	238	M	5:50	10k
332	0:59:00	0:58:33	Jackie	Jenner		215	Female Vet 45	16	94	F	5:51	10k
333	0:59:01	0:58:50	Roy	Atkins		402	Male Vet 45	41	239	M	5:53	10k

334	0:59:03	0:58:49	Lucy	Johnstone	Ashford & District RRC	414	Female Vet 40	18	95	F	5:52	10k
335	0:59:04	0:58:25	Terry	Wightwick	Dartford whiteoak	236	Male Vet 70	5	240	M	5:50	10k
336	0:59:09	0:57:48	Luke	Wraight		156	Senior Male	91	241	M	5:46	10k
337	0:59:13	0:58:17	Richard	Wickes		170	Senior Male	92	242	M	5:49	10k
338	0:59:16	0:58:37	Lynda	Povey		120	Female Vet 40	19	96	F	5:51	10k
339	0:59:23	0:58:40	Bill	Wright	Thanet Roadrunners AC	676	Male Vet 65	3	243	M	5:52	10k
340	0:59:24	0:58:29	Joanna	Peers		362	Female Vet 50	13	97	F	5:50	10k
341	0:59:29	0:58:49	Martin	Chivers		164	Male Vet 40	33	244	M	5:52	10k
342	0:59:34	0:58:55	Tim	Denham		488	Male Vet 55	27	245	M	5:53	10k
343	0:59:36	0:58:23	Jane	Hallam		99	Female Vet 35	13	98	F	5:50	10k
344	0:59:36	0:59:29	Rachel	Kirkby		586	Female Vet 45	17	99	F	5:56	10k
345	0:59:37	0:58:17	Mark	Fryer		550	Male Vet 45	42	246	M	5:49	10k
346	0:59:38	0:58:28	Katie	Yates		650	Senior Female	31	100	F	5:50	10k
347	0:59:41	0:58:29	Rebecca	Hover		91	Female Vet 35	14	101	F	5:50	10k
348	0:59:42	0:58:43	Lewis	Martin		24	Junior Male	3	247	M	5:52	10k
349	0:59:44	0:58:45	Dawn	McLean		25	Female Vet 40	20	102	F	5:52	10k
350	0:59:44	0:58:44	Joe	McLean		26	Junior Male	4	248	M	5:52	10k
351	0:59:45	0:58:59	Rebecca	Holland		200	Senior Female	32	103	F	5:53	10k
352	0:59:46	0:59:00	Jonathan	Mallalieu		185	Male Vet 50	36	249	M	5:54	10k
353	0:59:47	0:58:34	Marc	McCutcheon		685	Senior Male	93	250	M	5:51	10k
354	0:59:56	0:59:45	Diane	East		194	Female Vet 50	14	104	F	5:58	10k
355	0:59:56	0:59:16	Jill	Hayes		456	Female Vet 55	5	105	F	5:55	10k
356	1:00:00	0:59:11	Lisa	Smith	Folkestone Running Club	542	Female Vet 35	15	106	F	5:55	10k
357	1:00:02	0:58:54	Linda	Cook		582	Female Vet 65	1	107	F	5:53	10k
358	1:00:04	0:59:04	Harry	Cambridge	Lonely Goat RC	254	Senior Male	94	251	M	5:54	10k
359	1:00:09	0:58:55	Thomas	Reyto		158	Male Vet 40	34	252	M	5:53	10k
360	1:00:12	1:00:04	Mark	Taylor		511	Male Vet 55	28	253	M	6:00	10k
361	1:00:12	0:59:11	Philip	Sheppard	Coastal Striders	240	Male Vet 60	8	254	M	5:55	10k
362	1:00:14	0:59:42	Daniel	Hussey		135	Male Vet 45	43	255	M	5:58	10k
363	1:00:16	0:59:14	Katie	Fisher-Hindle		89	Female Vet 40	21	108	F	5:55	10k
364	1:00:18	0:59:39	Andy	Ingleston		654	Male Vet 55	29	256	M	5:57	10k
365	1:00:18	0:59:40	Camille	Lewington	South Kent Harriers	356	Female Vet 50	15	109	F	5:58	10k
366	1:00:20	0:59:01	Billy	Jacobs		428	Senior Male	95	257	M	5:54	10k
367	1:00:20	0:59:15	Julie	Couch		665	Female Vet 50	16	110	F	5:55	10k
368	1:00:23	0:59:57	Sally	Cook	Thanet Roadrunners AC	144	Female Vet 45	18	111	F	5:59	10k
369	1:00:25	0:59:50	David	Gridley		123	Male Vet 65	4	258	M	5:59	10k
370	1:00:27	0:59:53	Melanie	Satchwell	South Kent Harriers	474	Female Vet 50	17	112	F	5:59	10k
371	1:00:27	0:59:36	Alan	Randall	Hawkinge Hurricanes Running C	326	Male Vet 55	30	259	M	5:57	10k
372	1:00:28	1:00:13	Catherine	Chapman-jones		324	Female Vet 60	3	113	F	6:01	10k
373	1:00:30	0:59:09	Nathan	Roberts		470	Male Vet 45	44	260	M	5:54	10k
374	1:00:35	0:59:38	David	Green		426	Senior Male	96	261	M	5:57	10k
375	1:00:44	1:00:02	Daniel	Lilley		647	Senior Male	97	262	M	6:00	10k
376	1:00:46	1:00:25	Emma	Aldrich		623	Male Vet 45	45	263	M	6:02	10k
377	1:00:46	1:00:28	Nina	Jackson		566	Female Vet 35	16	114	F	6:02	10k
378	1:00:50	0:59:54	Nicky	Mooney	Dartford Road Runners	423	Female Vet 40	22	115	F	5:59	10k
379	1:00:52	0:59:55	Ian	Mooney		424	Male Vet 50	37	264	M	5:59	10k
380	1:00:57	1:00:27	Lisa	Kelly		313	Female Vet 40	23	116	F	6:02	10k
381	1:01:00	1:00:28	Kevin	Kelly		312	Senior Male	98	265	M	6:02	10k
382	1:01:03	1:00:24	Claudia	Blanshard		285	Senior Female	33	117	F	6:02	10k
383	1:01:07	1:00:36	Felix	Clemson		298	Senior Male	99	266	M	6:03	10k
384	1:01:13	1:00:35	Marie	Westbrook		602	Female Vet 50	18	118	F	6:03	10k
385	1:01:19	1:00:23	Ida	Woodger		345	Female Vet 35	17	119	F	6:02	10k
386	1:01:24	1:00:13	Steve	Moseley		71	Male Vet 45	46	267	M	6:01	10k
387	1:01:25	1:00:39	Kendra	Ryan		186	Female Vet 45	19	120	F	6:03	10k
388	1:01:25	1:01:01	Michelle	Marsh	Petts Wood Runners	1	Female Vet 50	19	121	F	6:06	10k
389	1:01:27	1:00:07	David	Court		469	Male Vet 45	47	268	M	6:00	10k

390	1:01:34	1:00:17	Andrew	Cousins		31	Male Vet 55	31	269	M	6:01	10k
391	1:01:36	1:01:13	Rebecca	Reavil		17	Female Vet 40	24	122	F	6:07	10k
392	1:01:39	1:00:46	Katherine	Cheesman		218	Senior Female	34	123	F	6:04	10k
393	1:01:41	1:01:21	Samantha	Rivolta		420	Female Vet 45	20	124	F	6:08	10k
394	1:01:42	1:01:22	Lyn	Smith		545	Female Vet 45	21	125	F	6:08	10k
395	1:01:43	1:01:32	Rachel	Jenkins	Ashford & District RRC	337	Female Vet 40	25	126	F	6:09	10k
396	1:01:45	1:01:10	Louise	Pomeroy-Dash	Deal Tri Club	349	Female Vet 50	20	127	F	6:07	10k
397	1:01:48	1:00:36	Claudia	marsh		435	Female Vet 40	26	128	F	6:03	10k
398	1:01:48	1:00:34	Kate	Dempsey		111	Female Vet 35	18	129	F	6:03	10k
399	1:01:52	1:01:17	Matthew	Allan		483	Male Vet 45	48	270	M	6:07	10k
400	1:01:57	1:00:58	Claire	Duncalf		126	Female Vet 35	19	130	F	6:05	10k
401	1:02:02	1:01:00	Emma	Scott		642	Female Vet 35	20	131	F	6:06	10k
402	1:02:03	1:00:51	Emily	Birkman		400	Female Vet 40	27	132	F	6:05	10k
403	1:02:03	1:01:46	Sara	Mullarkey		555	Female Vet 45	22	133	F	6:10	10k
404	1:02:09	1:01:22	Karen	Wilson		92	Female Vet 45	23	134	F	6:08	10k
405	1:02:11	1:01:55	John	Spain		86	Male Vet 55	32	271	M	6:11	10k
406	1:02:13	1:01:00	Laura	Pullen		551	Female Vet 35	21	135	F	6:06	10k
407	1:02:18	1:00:58	Simon	Whyte		509	Senior Male	100	272	M	6:05	10k
408	1:02:22	1:01:41	Emma	Bevan		605	Female Vet 40	28	136	F	6:10	10k
409	1:02:28	1:01:53	Sarah	Harvey	South Kent Harriers	51	Female Vet 45	24	137	F	6:11	10k
410	1:02:32	1:01:38	Mick	Sedden		579	Male Vet 50	38	273	M	6:09	10k
411	1:02:39	1:01:51	Ross	Horn		667	Senior Male	101	274	M	6:11	10k
412	1:02:43	1:01:34	Lesley	Hamer		482	Female Vet 55	6	138	F	6:09	10k
413	1:02:43	1:01:34	David	Hamer		481	Male Vet 60	9	275	M	6:09	10k
414	1:02:55	1:02:27	Philip	Basher		280	Male Vet 60	10	276	M	6:14	10k
415	1:03:06	1:02:36	Magda	Moorey		663	Female Vet 60	4	139	F	6:15	10k
416	1:03:08	1:02:40	Rose	Power		677	Senior Female	35	140	F	6:16	10k
417	1:03:18	1:02:39	Kevin	Atwell		161	Male Vet 40	35	277	M	6:15	10k
418	1:03:19	1:03:05	lesley	moody	Ashford & District RRC	487	Female Vet 55	7	141	F	6:18	10k
419	1:03:19	1:02:22	Philippa	Strover		593	Female Vet 45	25	142	F	6:14	10k
420	1:03:20	1:02:26	Martina	Nelo		478	Female Vet 40	29	143	F	6:14	10k
421	1:03:21	1:02:23	Clare	Jamin		127	Female Vet 40	30	144	F	6:14	10k
422	1:03:25	1:02:13	Meghan	Jones		588	Senior Female	36	145	F	6:13	10k
423	1:03:38	1:02:45	Karla	Clark		58	Female Vet 45	26	146	F	6:16	10k
424	1:03:40	1:02:45	Verush	Stephenson		527	Female Vet 40	31	147	F	6:16	10k
425	1:03:43	1:02:56	Clare	Foster	Dover Roadrunners AC	375	Female Vet 35	22	148	F	6:17	10k
426	1:03:44	1:03:13	Louise	Heselden		176	Senior Female	37	149	F	6:19	10k
427	1:03:50	1:03:28	Sara	Dewar		222	Female Vet 50	21	150	F	6:20	10k
428	1:03:52	1:03:27	Nicole	Page		557	Senior Female	38	151	F	6:20	10k
429	1:03:53	1:03:21	Emma	Pinder	beginners2runners	147	Female Vet 40	32	152	F	6:20	10k
430	1:03:53	1:02:32	Tim	Prater		422	Male Vet 45	49	278	M	6:15	10k
431	1:03:54	1:03:42	Rebecca	James		615	Senior Female	39	153	F	6:22	10k
432	1:03:57	1:02:56	Vicki	Morgan		343	Senior Female	40	154	F	6:17	10k
433	1:04:05	1:03:46	Melanie	Pierce		415	Female Vet 55	8	155	F	6:22	10k
434	1:04:13	1:03:39	Victoria	Whittaker		145	Senior Female	41	156	F	6:21	10k
435	1:04:15	1:03:02	Nick	Thompson		568	Male Vet 45	50	279	M	6:18	10k
436	1:04:18	1:03:41	Kaylea	Fryer		208	Junior Female	2	157	F	6:22	10k
437	1:04:21	1:03:44	Justine	Ridgway		229	Female Vet 45	27	158	F	6:22	10k
438	1:04:23	1:03:34	Samer	Abukheshrif		544	Male Vet 40	36	280	M	6:21	10k
439	1:04:23	1:03:18	Lauren	Jones		40	Female Vet 35	23	159	F	6:19	10k
440	1:04:28	1:03:50	Shaun	Mortell		496	Male Vet 50	39	281	M	6:23	10k
441	1:04:28	1:03:43	Warren	Campbell		93	Male Vet 45	51	282	M	6:22	10k
442	1:04:29	1:03:35	Bryony	Wickes		171	Senior Female	42	160	F	6:21	10k
443	1:04:30	1:04:21	Aileen	Hancock		132	Female Vet 45	28	161	F	6:26	10k
444	1:04:34	1:03:46	Lisa	Ellis		434	Female Vet 50	22	162	F	6:22	10k
445	1:04:34	1:03:32	Nareece	Dearsley		39	Senior Female	43	163	F	6:21	10k

446	1:04:39	1:04:39	Mike	Munroe	Rrc	451	Male Vet 55	33	283	M	6:27	10k
447	1:04:53	1:04:05	Charlotte	Strickland	Hawkinge Hurricanes Running C	552	Female Vet 45	29	164	F	6:24	10k
448	1:05:01	1:03:53	Silvia	Barrett	Dover Road Runners	620	Female Vet 50	23	165	F	6:23	10k
449	1:05:02	1:04:07	David	Ramkin		607	Male Vet 45	52	284	M	6:24	10k
450	1:05:02	1:04:08	Isabelle	Froissart		90	Female Vet 40	33	166	F	6:24	10k
451	1:05:11	1:03:48	Stacey	Scott		584	Senior Female	44	167	F	6:22	10k
452	1:05:13	1:04:52	Bryony	Funnell		224	Female Vet 50	24	168	F	6:29	10k
453	1:05:13	1:04:52	Julie	Rudge		235	Female Vet 55	9	169	F	6:29	10k
454	1:05:13	1:04:02	Nicola	Holmes		391	Female Vet 35	24	170	F	6:24	10k
455	1:05:16	1:04:20	Jenn	Clark		295	Female Vet 35	25	171	F	6:26	10k
456	1:05:21	1:05:06	Sarah	Tulk	Kent Police	517	Female Vet 35	26	172	F	6:30	10k
457	1:05:22	1:04:43	Mia	Kennett		672	Female Vet 50	25	173	F	6:28	10k
458	1:05:24	1:04:40	James	Booker		411	Senior Male	102	285	M	6:28	10k
459	1:05:25	1:04:05	Ronnie	Clements		315	Senior Male	103	286	M	6:24	10k
460	1:06:06	1:05:22	Kelly	Weekes		95	Female Vet 40	34	174	F	6:32	10k
461	1:06:10	1:05:56	Emma	Jenkins	Ashford & District RRC	124	Female Vet 40	35	175	F	6:35	10k
462	1:06:15	1:05:03	Claire	Fenn		355	Female Vet 45	30	176	F	6:30	10k
463	1:06:18	1:05:46	Victoria	Guilloit		449	Female Vet 45	31	177	F	6:34	10k
464	1:06:21	1:05:43	Peter	Hickman		332	Male Vet 60	11	287	M	6:34	10k
465	1:06:21	1:05:43	Gemma	Richmond		501	Senior Female	45	178	F	6:34	10k
466	1:06:28	1:05:05	Melissa	Cunliffe		49	Female Vet 55	10	179	F	6:30	10k
467	1:06:28	1:05:05	Abi	Hall		50	Senior Female	46	180	F	6:30	10k
468	1:06:30	1:05:12	Suzanne	Jenkins		247	Female Vet 50	26	181	F	6:31	10k
469	1:06:30	1:05:17	Suzie	Mantle		412	Female Vet 45	32	182	F	6:31	10k
470	1:06:36	1:05:33	Matt	Dobbs		476	Junior Male	5	288	M	6:33	10k
471	1:06:37	1:05:48	Lynn	Muggridge		34	Female Vet 45	33	183	F	6:34	10k
472	1:06:37	1:06:24	Emma	Baldry		397	Senior Female	47	184	F	6:38	10k
473	1:06:41	1:05:38	Emma	Dobbs		477	Senior Female	48	185	F	6:33	10k
474	1:06:45	1:05:36	Steven	Way		64	Male Vet 50	40	289	M	6:33	10k
475	1:06:45	1:05:29	Daniel	Hallett	Ashford Tri	564	Male Vet 55	34	290	M	6:32	10k
476	1:06:46	1:06:17	Louise	Fowler	Folkestone Running Club	179	Female Vet 35	27	186	F	6:37	10k
477	1:06:48	1:05:43	Jason	Couch		664	Male Vet 45	53	291	M	6:34	10k
478	1:06:54	1:05:55	Tricia	Lovell		505	Female Vet 40	36	187	F	6:35	10k
479	1:07:03	1:05:55	Andy	Carter		372	Male Vet 60	12	292	M	6:35	10k
480	1:07:13	1:05:59	Joanna	Mowbray		577	Female Vet 40	37	188	F	6:35	10k
481	1:07:26	1:06:08	David	Jacobs		289	Male Vet 50	41	293	M	6:36	10k
482	1:07:26	1:06:08	Tony	Shepherd		290	Male Vet 55	35	294	M	6:36	10k
483	1:07:31	1:07:24	Stephen	Secular		393	Male Vet 60	13	295	M	6:44	10k
484	1:07:33	1:06:47	Alice	Nunes		535	Female Vet 40	38	189	F	6:40	10k
485	1:07:45	1:07:01	Stephen	Turney		146	Male Vet 55	36	296	M	6:42	10k
486	1:07:48	1:07:12	Jana	Ernest		522	Female Vet 40	39	190	F	6:43	10k
487	1:07:50	1:06:32	Rachael	Jacobs		288	Female Vet 35	28	191	F	6:39	10k
488	1:07:57	1:06:56	Tulay	Sefer		125	Female Vet 35	29	192	F	6:41	10k
489	1:07:57	1:07:46	Toby	Burns		188	Male Vet 40	37	297	M	6:46	10k
490	1:07:59	1:07:19	Victoria	Denham		531	Female Vet 60	5	193	F	6:43	10k
491	1:08:05	1:06:57	Charlotte	Davies		506	Senior Female	49	194	F	6:41	10k
492	1:08:17	1:07:37	Emma	Tucker		389	Female Vet 45	34	195	F	6:45	10k
493	1:08:23	1:07:27	Yasmin	Moore		61	Female Vet 40	40	196	F	6:44	10k
494	1:08:25	1:07:16	Steven	Beech		114	Male Vet 40	38	298	M	6:43	10k
495	1:09:03	1:07:43	Riona	Sparks		202	Female Vet 40	41	197	F	6:46	10k
496	1:09:04	1:08:05	Kirsty	Bristow		561	Female Vet 40	42	198	F	6:48	10k
497	1:09:12	1:08:15	Rita	Cooke		266	Female Vet 60	6	199	F	6:49	10k
498	1:09:17	1:07:58	Jennifer	Pinnock		659	Female Vet 50	27	200	F	6:47	10k
499	1:09:17	1:08:11	Susan	Moore		546	Female Vet 45	35	201	F	6:49	10k
500	1:09:25	1:08:14	Beth	Hart		591	Female Vet 35	30	202	F	6:49	10k
501	1:09:25	1:08:15	Lucy	Hutchison		590	Senior Female	50	203	F	6:49	10k

502	1:09:31	1:08:41	Roger	Muggridge		35	Male Vet 45	54	299	M	6:52	10k
503	1:09:37	1:08:55	Sarah	Church		167	Female Vet 50	28	204	F	6:53	10k
504	1:09:44	1:08:39	Sarah	Beech		113	Female Vet 35	31	205	F	6:51	10k
505	1:09:47	1:08:37	Claire	Best		155	Female Vet 50	29	206	F	6:51	10k
506	1:09:52	1:09:24	Ramon	Saiz		122	Male Vet 75	1	300	M	6:56	10k
507	1:10:02	1:09:50	Sharon	Atkins		403	Male Vet 45	55	301	M	6:59	10k
508	1:10:12	1:08:54	Aneela	Rahman		385	Female Vet 50	30	207	F	6:53	10k
509	1:10:23	1:09:13	Lori	Fisher		329	Female Vet 35	32	208	F	6:55	10k
510	1:10:37	1:09:20	Alka	Umaria		77	Female Vet 45	36	209	F	6:56	10k
511	1:10:44	1:09:44	Suzanne	Fordham		7	Female Vet 60	7	210	F	6:58	10k
512	1:10:44	1:09:44	Ken	Whipday		6	Male Vet 60	14	302	M	6:58	10k
513	1:10:45	1:10:31	Colin	White		76	Male Vet 45	56	303	M	7:03	10k
514	1:10:50	1:10:12	Hannah	Molyneux		137	Female Vet 45	37	211	F	7:01	10k
515	1:11:31	1:10:58	Hayley	Buckley		52	Female Vet 40	43	212	F	7:05	10k
516	1:11:46	1:10:37	Hannah	Cook		580	Female Vet 35	33	213	F	7:03	10k
517	1:11:48	1:11:07	Bradley	Evans		646	Senior Male	104	304	M	7:06	10k
518	1:11:50	1:10:46	Paul	Mckeating		110	Senior Male	105	305	M	7:04	10k
519	1:12:01	1:11:55	Sarah	Edwards		239	Female Vet 35	34	214	F	7:11	10k
520	1:12:01	1:10:47	Kayleigh	Cumber		277	Senior Female	51	215	F	7:04	10k
521	1:12:06	1:11:25	William	Ridgewayking		645	Senior Male	106	306	M	7:08	10k
522	1:12:11	1:11:44	Kate	Wheaton		68	Female Vet 40	44	216	F	7:10	10k
523	1:12:30	1:11:53	Jax	Tanner	Blister Sisters	680	Female Vet 50	31	217	F	7:11	10k
524	1:12:41	1:11:25	David	Hellewell		670	Male Vet 75	2	307	M	7:08	10k
525	1:12:41	1:11:25	Paula	Hellewell		669	Female Vet 45	38	218	F	7:08	10k
526	1:12:55	1:11:37	Olivia	Wilson		217	Female Vet 35	35	219	F	7:09	10k
527	1:13:07	1:12:00	Karen	Rosler		115	Female Vet 40	45	220	F	7:12	10k
528	1:13:07	1:12:00	Michelle	Langner		116	Female Vet 40	46	221	F	7:12	10k
529	1:13:11	1:12:06	Sian	Davies		149	Female Vet 35	36	222	F	7:12	10k
530	1:13:25	1:12:46	Amy	Longstaff		408	Female Vet 40	47	223	F	7:16	10k
531	1:13:25	1:12:11	Chrisophe	Winney	Artists Rifles Association	196	Male Vet 60	15	308	M	7:13	10k
532	1:13:25	1:12:11	Jodi	Johnson	Sleaford Running Club	197	Senior Female	52	224	F	7:13	10k
533	1:13:26	1:12:28	Sonya	Stocker		233	Female Vet 40	48	225	F	7:14	10k
534	1:13:39	1:13:17	Michelle	Brice		310	Female Vet 45	39	226	F	7:19	10k
535	1:13:39	1:13:17	Samantha	Stretton		309	Female Vet 40	49	227	F	7:19	10k
536	1:13:45	1:12:41	Ayden	Wilson		508	Senior Male	107	309	M	7:16	10k
537	1:14:06	1:12:47	Debbie	Tooms		82	Female Vet 50	32	228	F	7:16	10k
538	1:14:07	1:12:47	Kate	Walkom		70	Female Vet 35	37	229	F	7:16	10k
539	1:14:07	1:12:47	Stephen	Walkom		69	Senior Male	108	310	M	7:16	10k
540	1:14:12	1:13:23	Sharna	Tanner		55	Senior Female	53	230	F	7:20	10k
541	1:14:13	1:13:23	Ben	Tanner		56	Senior Male	109	311	M	7:20	10k
542	1:14:16	1:13:07	Sandra	Dolan		365	Female Vet 55	11	231	F	7:18	10k
543	1:14:20	1:14:20	Tony	Stocker		232	Male Vet 40	39	312	M	7:26	10k
544	1:14:25	1:13:38	Barbara	Vaughan		528	Female Vet 55	12	232	F	7:21	10k
545	1:14:27	1:13:23	Jenny	Smail		9	Female Vet 35	38	233	F	7:20	10k
546	1:14:27	1:13:23	Matthew	Smail		521	Senior Male	110	313	M	7:20	10k
547	1:14:33	1:14:29	Chris	Hirst		311	Senior Male	111	314	M	7:26	10k
548	1:14:39	1:13:50	Linzi	York		448	Female Vet 40	50	234	F	7:23	10k
549	1:14:42	1:13:35	Kaye	Everett		410	Female Vet 35	39	235	F	7:21	10k
550	1:14:57	1:14:15	Louise	Payne	beginners2runners	104	Female Vet 50	33	236	F	7:25	10k
551	1:15:01	1:13:45	Peter	Carroll		458	Male Vet 65	5	315	M	7:22	10k
552	1:15:14	1:14:44	Joanne	Taylor		432	Female Vet 50	34	237	F	7:28	10k
553	1:15:14	1:14:41	Robert	Jones		433	Senior Male	112	316	M	7:28	10k
554	1:15:15	1:14:40	Ryan	McCurdy		438	Senior Male	113	317	M	7:28	10k
555	1:15:33	1:14:10	Julie	Matthews	Weston athletic club	258	Female Vet 50	35	238	F	7:25	10k
556	1:15:33	1:14:12	Jack	Matthews		278	Senior Male	114	318	M	7:25	10k
557	1:15:35	1:14:19	Alice	Baker		660	Senior Female	54	239	F	7:25	10k

558	1:15:36	1:14:19	Scott	Thornycroft		661	Male Vet 40	40	319	M	7:25	10k
559	1:16:30	1:15:45	Janice	Dixon		534	Female Vet 50	36	240	F	7:34	10k
560	1:17:24	1:16:35	David	Phillips	Central Park Athletics	88	Male Vet 65	6	320	M	7:39	10k
561	1:17:40	1:16:21	Diane	Shepherd		291	Female Vet 55	13	241	F	7:38	10k
562	1:17:55	1:16:54	Alistair	Miller		109	Male Vet 45	57	321	M	7:41	10k
563	1:18:02	1:17:53	Suzy	Ballard		513	Female Vet 45	40	242	F	7:47	10k
564	1:18:30	1:17:40	Nicky	Ramasundara		243	Female Vet 35	40	243	F	7:46	10k
565	1:18:32	1:17:42	Matthew	Slade		242	Senior Male	115	322	M	7:46	10k
566	1:18:39	1:17:41	Wendy	Green		427	Female Vet 55	14	244	F	7:46	10k
567	1:18:56	1:18:30	Jo	Mills		286	Female Vet 45	41	245	F	7:51	10k
568	1:19:05	1:17:49	Karen	Cousins		32	Female Vet 50	37	246	F	7:46	10k
569	1:19:14	1:18:31	Karen	Nixon	beginners2runners	106	Female Vet 45	42	247	F	7:51	10k
570	1:19:26	1:18:18	Lizzie	Cornell		283	Senior Female	55	248	F	7:49	10k
571	1:19:46	1:18:29	Amanda	Williams	Ashford	484	Female Vet 45	43	249	F	7:50	10k
572	1:20:55	1:19:44	Anne	Hawkins		648	Female Vet 40	51	250	F	7:58	10k
573	1:21:31	1:21:20	Navita	Burns		187	Female Vet 40	52	251	F	8:08	10k
574	1:21:42	1:21:22	Danielle	Moss	Ashford Striders RC	308	Female Vet 35	41	252	F	8:08	10k
575	1:22:02	1:21:15	Rachel	York		23	Female Vet 40	53	253	F	8:07	10k
576	1:24:39	1:23:58	Clarke	Gallagher		165	Senior Male	116	323	M	8:23	10k
577	1:30:19	1:29:01	Sofie	Viaene		148	Female Vet 40	54	254	F	8:54	10k
578	1:30:23	1:29:35	Debbie	Foreman		94	Female Vet 55	15	255	F	8:57	10k
579	1:30:23	1:29:41	Debbie	Wheeler	beginners2runners	105	Female Vet 50	38	256	F	8:58	10k
580	1:32:14	1:32:14	Jenny	Prentice		457	Female Vet 65	2	257	F	9:13	10k
581	1:32:14	1:32:14	Diana	Parker		452	Female Vet 65	3	258	F	9:13	10k